

Kampo e-learning course

User's Guide

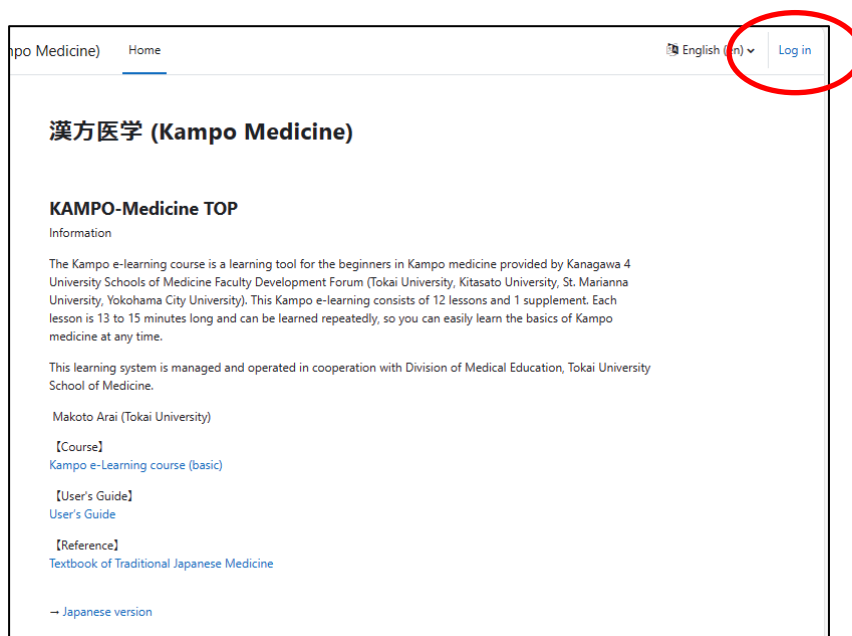
【URL】

<http://kampo-edu.med.u-tokai.ac.jp/moodle/?lang=en>

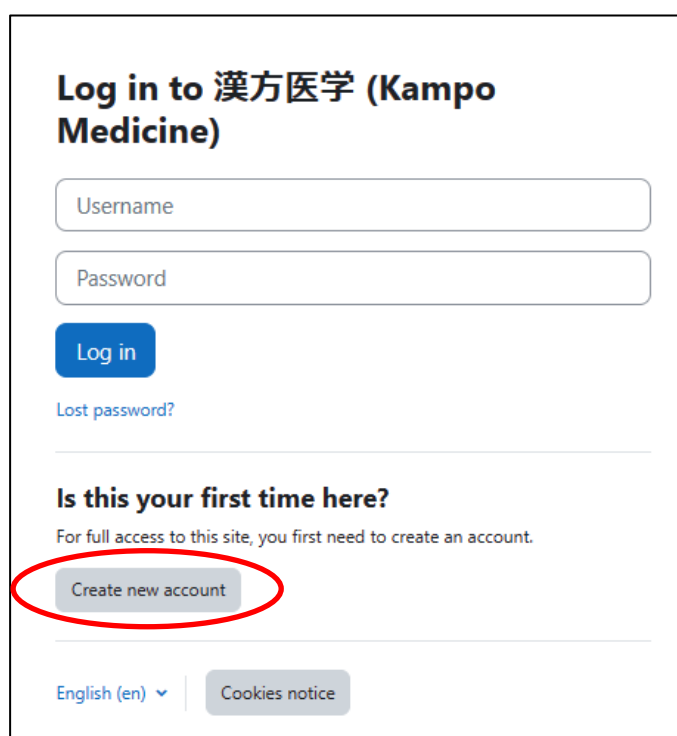


【Connection Method by PC】

1. Access the Kampo Medicine website through the URL or QR code.
2. Enrolment Process
 - ① Click on "**Log in**" at the upper right corner of the Kampo Medicine TOP page.




- ② On the login screen, click on "**Create new account**" of "Is this your first time here?"





③ Fill in the required information on the [New account](#) page.


New account


Username 


The password must have at least 8 characters, at least 1 digit(s), at least 1 lower case letter(s), at least 1 upper case letter(s), at least 1 special character(s) such as as *, -, or #

Password 

Email address 

Email (again) 

First name 


Surname 


City/town

Country

Select a country

▼ **certificate(修了証)**

Your name written on the certificate 修了証表記名 (修了証は英語で発行されます) 

There are required fields in this form marked  .

Username: Create your own username.

Password: Follow the instructions for creating a password of at least 8 characters.

Email address: Use a valid email address.

※Free email addresses are acceptable and will be used for authentication and notifications.

First Name: Optional

Surname: Optional

City/town: Enter your city or town.

Country: Select your country.

Name on the certificate: Enter your name in half-width English letters, for example, Emma Watson.

④ After completing the information, click on "[Continue](#)" to submit the information.

※Follow the on-screen instructions if any errors occur.

漢方医学 (Kampo Medicine)

An email should have been sent to your address at XXXXX@XXXX.XXX.co.jp

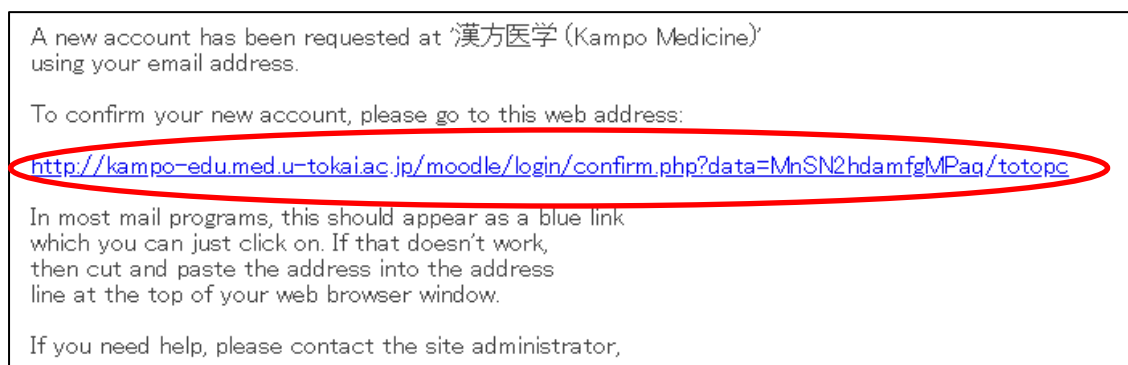
It contains easy instructions to complete your registration.

If you continue to have difficulty, contact the site administrator.

Continue

- ⑤ Once you have submitted the information, a confirmation email will be sent to the provided email address. [Access the link](#) provided in the email to complete the registration.

※If you do not receive the email, check your spam folder and ensure that you can receive emails from education@tsc.u-tokai.ac.jp.



3. Course Enrolment

- ① Open the login screen (upper right corner of the TOP homepage) and [log in with your account](#).

Log in to 漢方医学 (Kampo Medicine)

XXXXXX

.....

Log in

[Lost password?](#)

Is this your first time here?

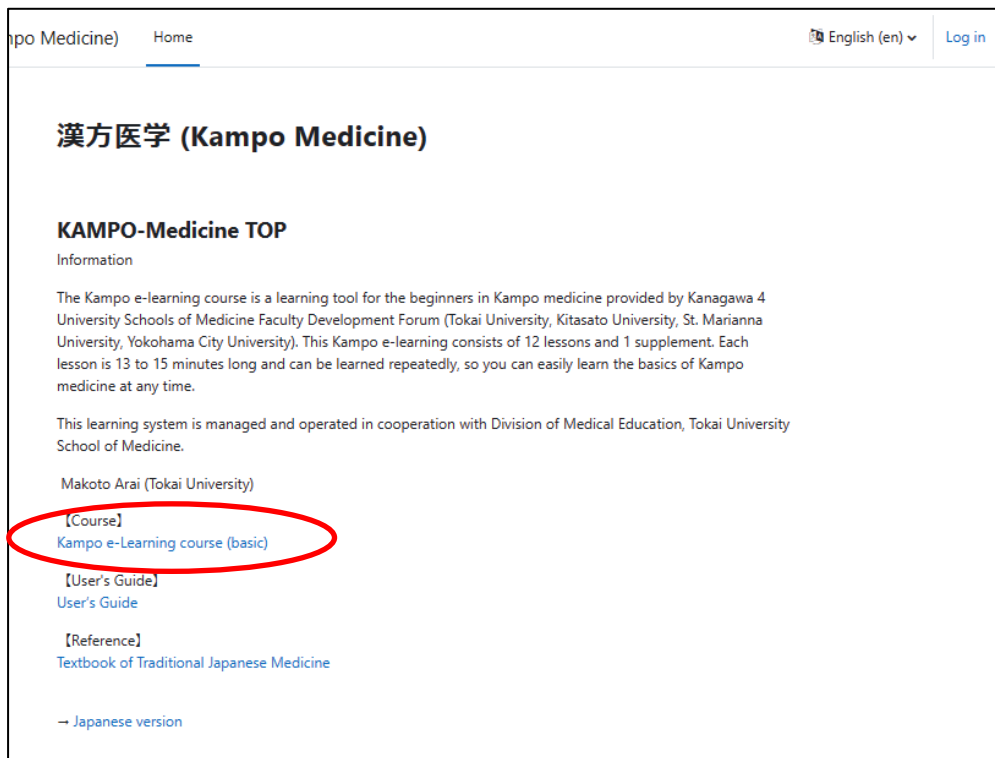
For full access to this site, you first need to create an account.

[Create new account](#)

English (en) ▾ [Cookies notice](#)

- ② Select the "[Kampo e-Learning course \(basic\)](#)" from the course list on the dashboard.

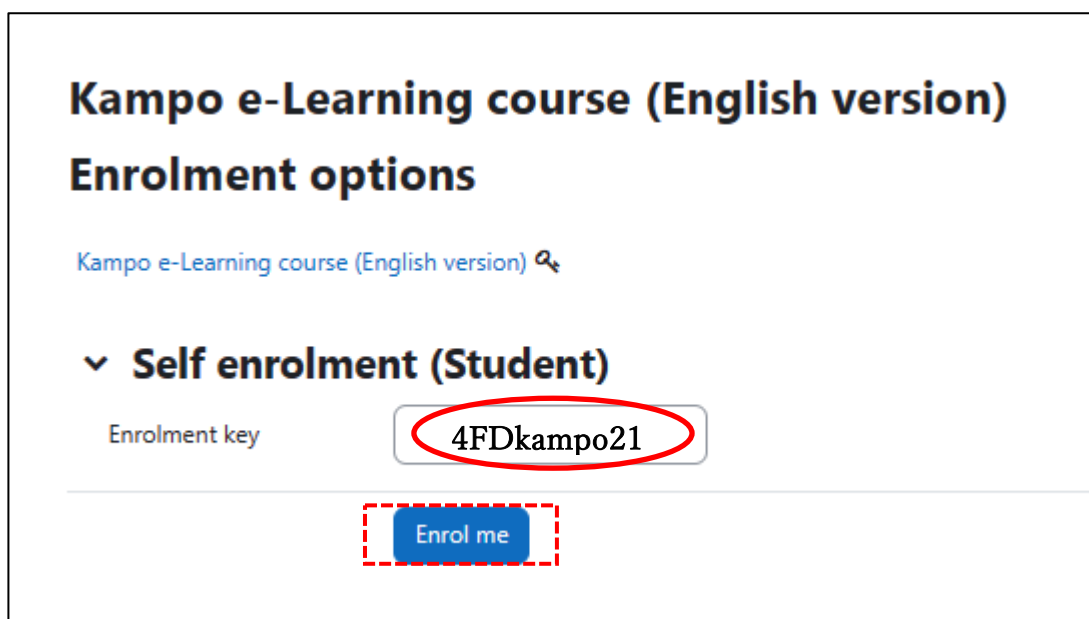
※The screen and display may vary depending on the web browser.



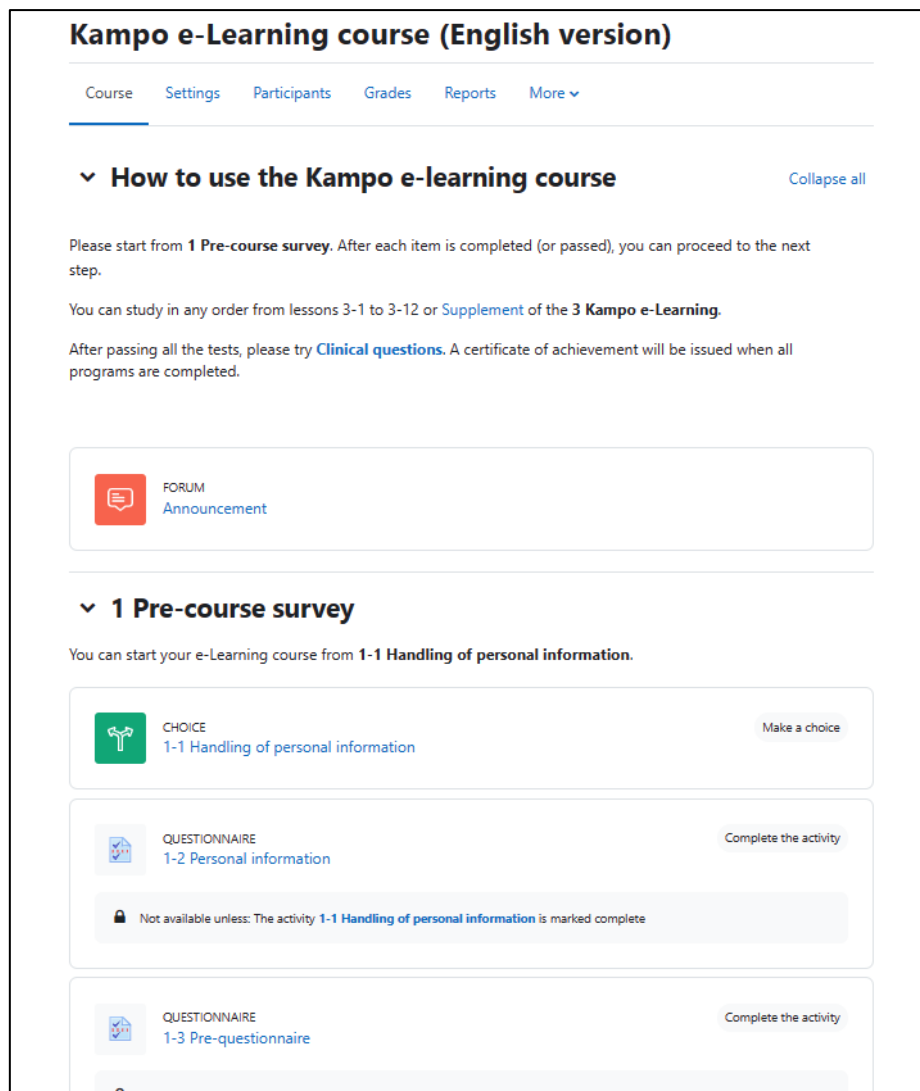
- ③ Click on "[Kampo e-Learning course \(basic\)](#)" and enter the enrolment key when prompted.

Enter the key and click on "[Enrol Me.](#)"

Enrolment Key: [4FDkampo21](#)



- ④ You will receive an email confirming the completion of course enrolment, and you can start taking the Kampo e-learning course.



Kampo e-Learning course (English version)

Course Settings Participants Grades Reports More ▾

▾ **How to use the Kampo e-learning course** [Collapse all](#)

Please start from **1 Pre-course survey**. After each item is completed (or passed), you can proceed to the next step.

You can study in any order from lessons 3-1 to 3-12 or [Supplement](#) of the **3 Kampo e-Learning**.

After passing all the tests, please try [Clinical questions](#). A certificate of achievement will be issued when all programs are completed.

FORUM
Announcement

▾ **1 Pre-course survey**

You can start your e-Learning course from **1-1 Handling of personal information**.

CHOICE
1-1 Handling of personal information [Make a choice](#)

QUESTIONNAIRE
1-2 Personal information [Complete the activity](#)

Not available unless: The activity **1-1 Handling of personal information** is marked complete

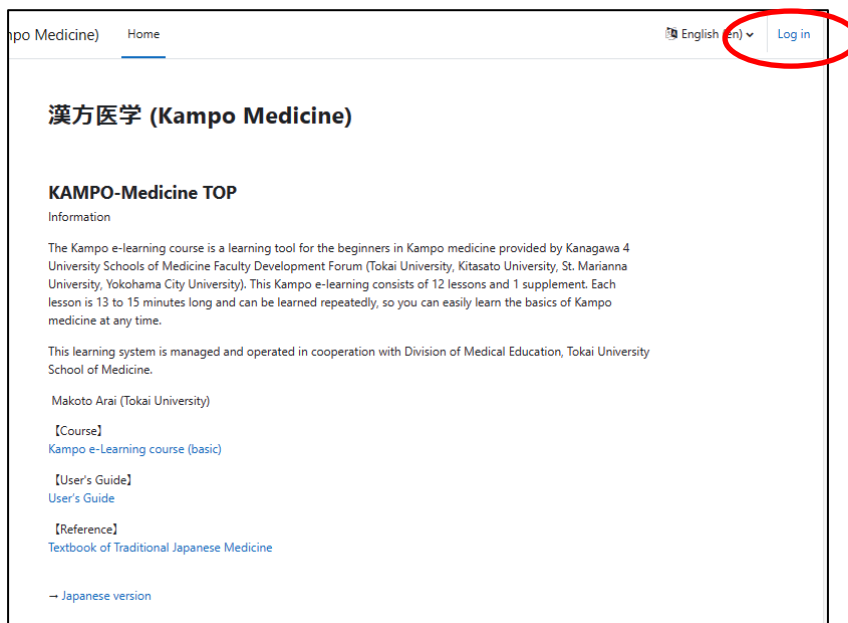
QUESTIONNAIRE
1-3 Pre-questionnaire [Complete the activity](#)

For instructions on how to proceed with the Kampo e-Learning course,
please refer to the course instructions.

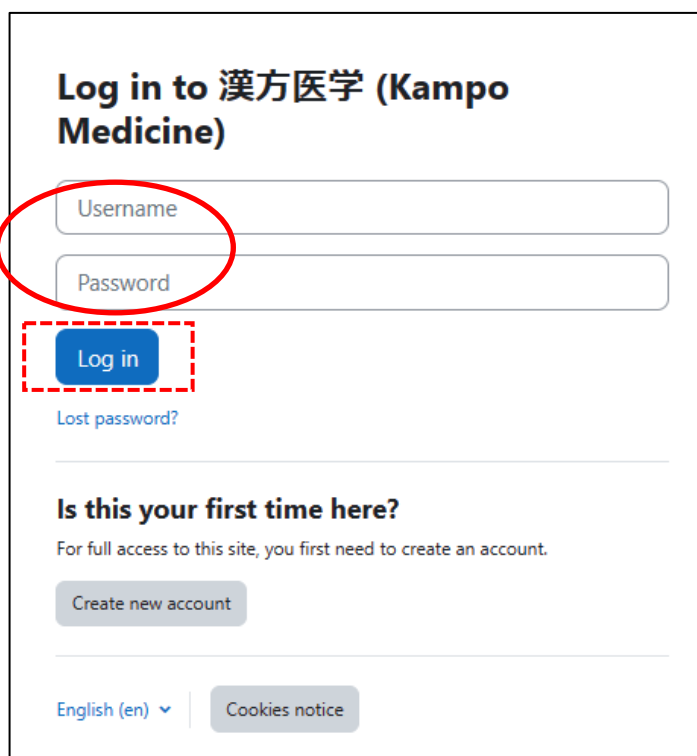


【Starting the Kampo e-Learning course】

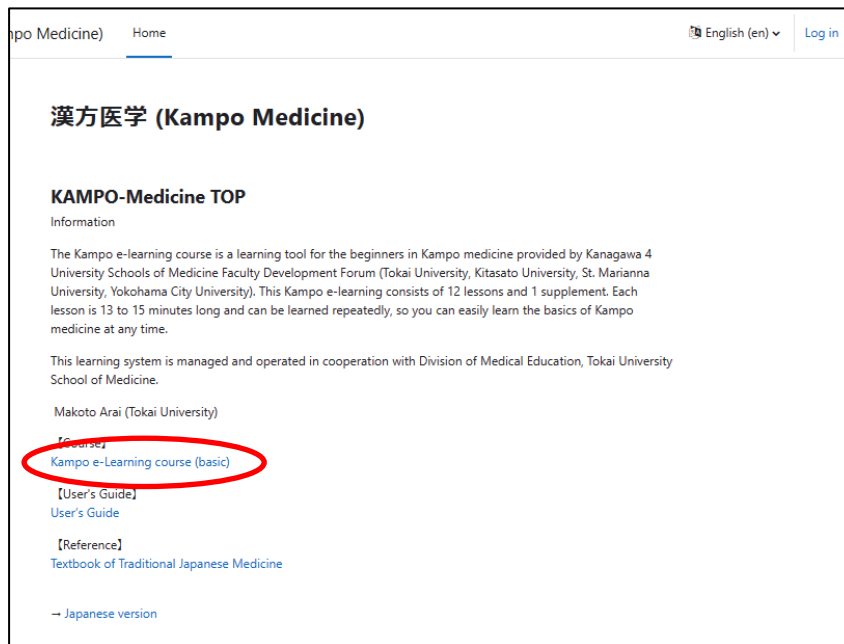
1. Access the Kampo website through the URL or QR code.
2. Accessing the Kampo e-Learning course (basic)
 - ① Click on "**Log in**" at the upper right corner of the KAMPO-Medicine TOP page.



- ② On the login screen, enter your **username** and **password**, then click on "**Log in.**"



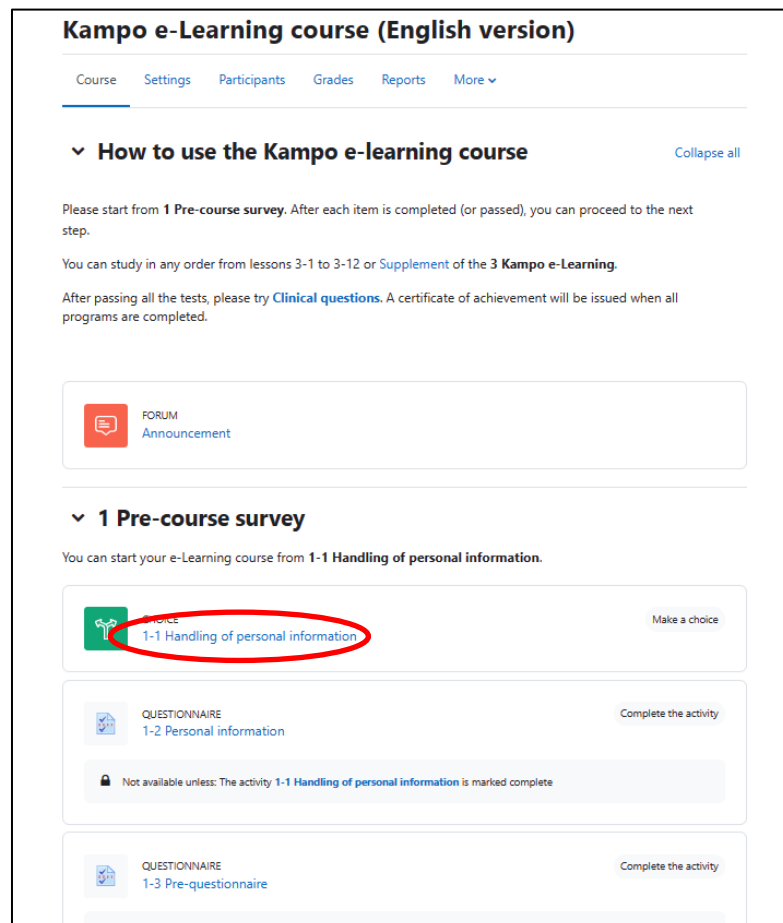
- ② Select the "[Kampo e-Learning course \(basic\)](#)" from the course list.



- ③ This is the TOP homepage of the Kampo e-Learning course (English version).

Start from the "[1 Pre-course Survey](#)" - "[1-1 Handling of personal information.](#)"

Once you complete each item, you can proceed to the next one.



- ⑤ After reviewing the purpose of use, select "I agree" and click "Save my choice."

Kampo e-Learning course (English) / 1-1 Handling of personal information

CHOICE

1-1 Handling of personal information

To do: Make a choice

Handling of personal information

This Kampo e-Learning course is provided by the Kanagawa 4 University Schools of Medicine, Faculty Development Forum (Tokai University, Kitasato University, Yokohama City University, St. Marianna University) with a grant from Japan Kampo Medicine Education Foundation.

The learners' background, learning progress of Kampo medicine, pre-test and post-test results included in the contents of this course will be used academically as materials for thinking about the future of Kampo education.

Since these data are anonymized and processed collectively, all personal information such as your name and email address will be protected.

If you agree, please check "I agree." to start this course.

Click "Save my choice" to submit the data, then proceed from "1-2. Personal information" below.

[\[→1-2 Personal information\]](#)

The results of this activity will not be published after you answer. x

I agree.

[Save my choice](#)

- ☆ You can proceed to "1-2 Personal information" from "Kampo e-Learning course (English)" at the top of the page.

Kampo e-Learning course (English) / 1-1 Handling of personal information

CHOICE

1-1 Handling of personal information

Done: Make a choice

Handling of personal information

This Kampo e-Learning course is provided by the Kanagawa 4 University Schools of Medicine, Faculty Development Forum (Tokai University, Kitasato University, Yokohama City University, St. Marianna University) with a grant from Japan Kampo Medicine Education Foundation.

The learners' background, learning progress of Kampo medicine, pre-test and post-test results included in the contents of this course will be used academically as materials for thinking about the future of Kampo education.

Since these data are anonymized and processed collectively, all personal information such as your name and email address will be protected.

If you agree, please check "I agree." to start this course.

Click "Save my choice" to submit the data, then proceed from "1-2. Personal information" below.

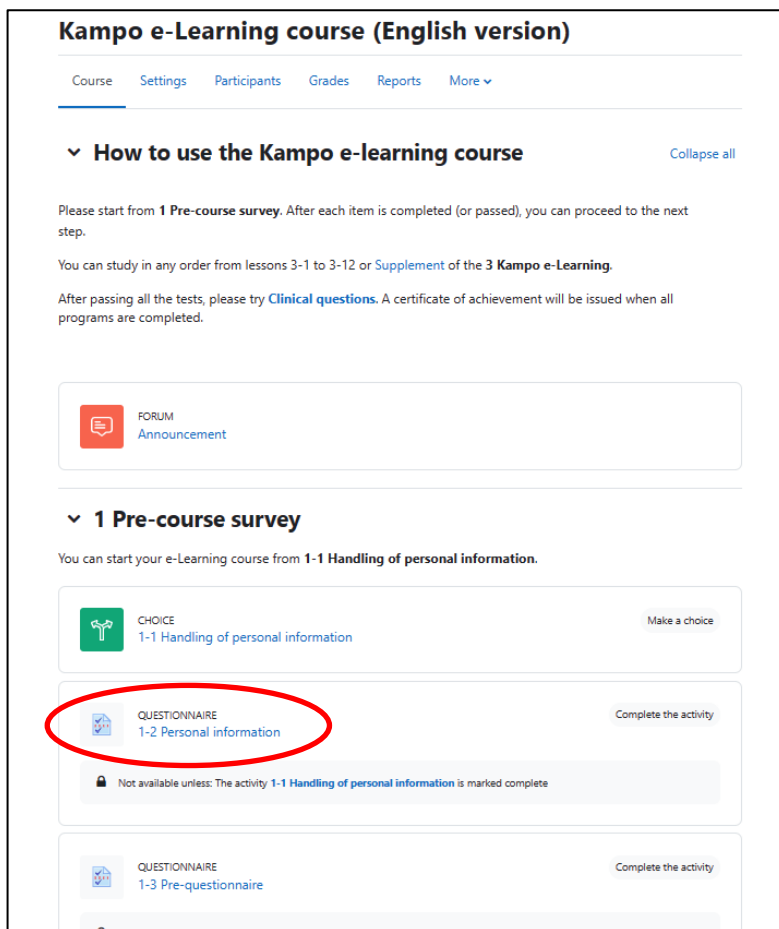
[\[→1-2 Personal information\]](#)

Your choice has been saved x

Your selection: I agree.

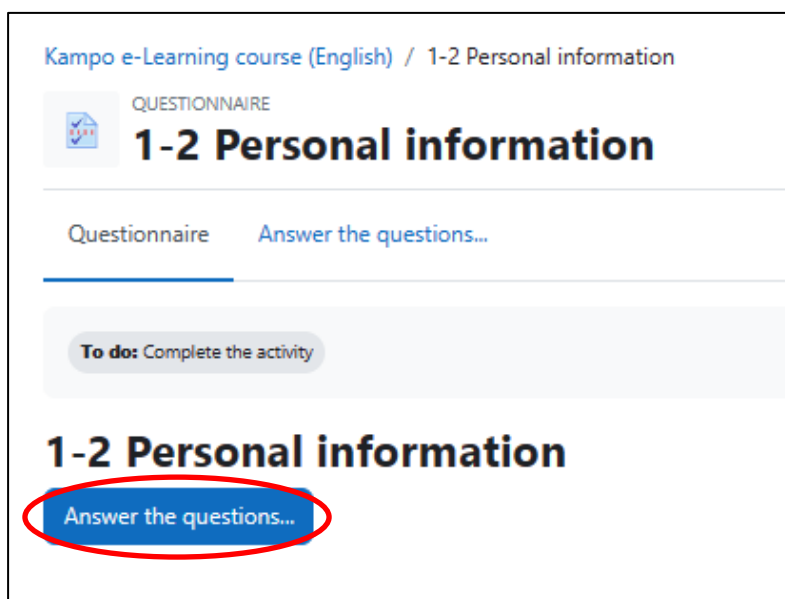
The results are not currently viewable|

☆If you return to the TOP page of the Kampo e-Learning course, and if the operation is completed correctly, it will display "✓Done" on the right. Then, select "**1-2 Personal Information.**"



⑥ 1-2 Personal Information

☆Click "[Answer the questionnaire.](#)"



☆Answer all questions and proceed to the next page (3 or 4 items in total).

Personal information

1 * What is your nationality?
Japan

2 * What is your country of residence?
Japan

3 * What is your occupation?
 Medical doctor
 Pharmacist
 Acupuncturist
 Nurse
 Dentist
 Student
 Others

Page 1 of 2

Next Page >>

☆On the final page, click "**Continue**" to submit the data.

✓ Done: Complete the activity

Thank you for completing this Questionnaire.

Continue

☆From the "**1-3 Pre-questionnaire**" screen that appears after submitting, proceed directly to the next section and answer as you did in the previous questionnaire.

Personal information

1 * What is your nationality?
Japan : Japan

2 * What is your country of residence?
Japan : Japan

3 * What is your occupation?
 Medical doctor
 Pharmacist
 Acupuncturist
 Nurse
 Dentist
 Student
 Others

4 * What is your specialty in medicine?
 Western medicine
 Alternative medicine
 Others

☆If you return to the TOP page of the Kampo e-Learning course, and if the operation is completed correctly, it will display "✓Done" on the right. Then, select "1-3 Pre-questionnaire."

Kampo e-Learning course (English version)

Course Grades Competencies More ▾

▼ **How to use the Kampo e-learning course** Collapse all

Please start from **1 Pre-course survey**. After each item is completed (or passed), you can proceed to the next step.

You can study in any order from lessons 3-1 to 3-12 or Supplement of the **3 Kampo e-Learning**.

After passing all the tests, please try **Clinical questions**. A certificate of achievement will be issued when all programs are completed.

FORUM
Announcement

▼ **1 Pre-course survey**

You can start your e-Learning course from **1-1 Handling of personal information**.

CHOICE
1-1 Handling of personal information ✓ Done: Make a choice

QUESTIONNAIRE
1-2 Personal information ✓ Done: Complete the activity

QUESTIONNAIRE
1-3 Pre-questionnaire To do: Complete the activity

☆Answer all questions and click "Submit questionnaire" to submit your choices.

1-3 Pre-questionnaire

Questionnaire Answer the questions...

To do: Complete the activity

Pre-questionnaire

1 * Are you interested in complementary and alternative medicine?

- Very interested
- Somewhat interested
- Not very interested
- Not interested at all

2 * Do you understand the difference between Kampo medicine and Chinese medicine?

- Understand very much
- Understand a little
- Not understand so much
- Not understand at all

3 * Do you think the "Kampo e-Learning course" is useful for learning Kampo medicine?

- Very useful
- A little useful
- Not very useful
- Not useful at all

4 * Do you incorporate complementary and alternative medicine in your daily clinical practice?

- Almost always incorporate
- Often incorporate
- Incorporate very little
- Do not incorporate at all
- Not a practitioner

Submit questionnaire

⑦ 2 Pre-test → "⑫ 4 Post-test" follow the same steps.

The pre-test and post-test are for judging the learning effect of this Kampo e-learning, so don't worry if you don't know the correct answer.

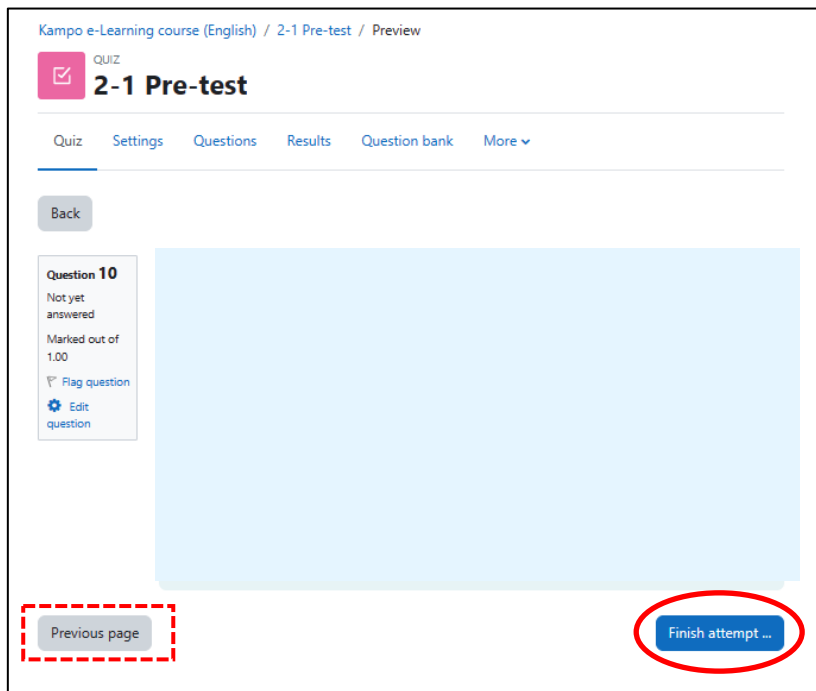
☆Click "2-1 Pre-test" to start. Please note that you can take the test **only once**.

The screenshot shows a course overview page. Under the heading "1 Pre-course survey", there are three items: a CHOICE activity "1-1 Handling of personal information" (status: Done: Make a choice), a QUESTIONNAIRE activity "1-2 Personal information" (status: Done: Complete the activity), and another QUESTIONNAIRE activity "1-3 Pre-questionnaire" (status: Done: Complete the activity). Below this, under the heading "2 Pre-test", there is a QUIZ activity "2-1 Pre-test" (status: To do: Receive a grade). The "2-1 Pre-test" item is circled in red.

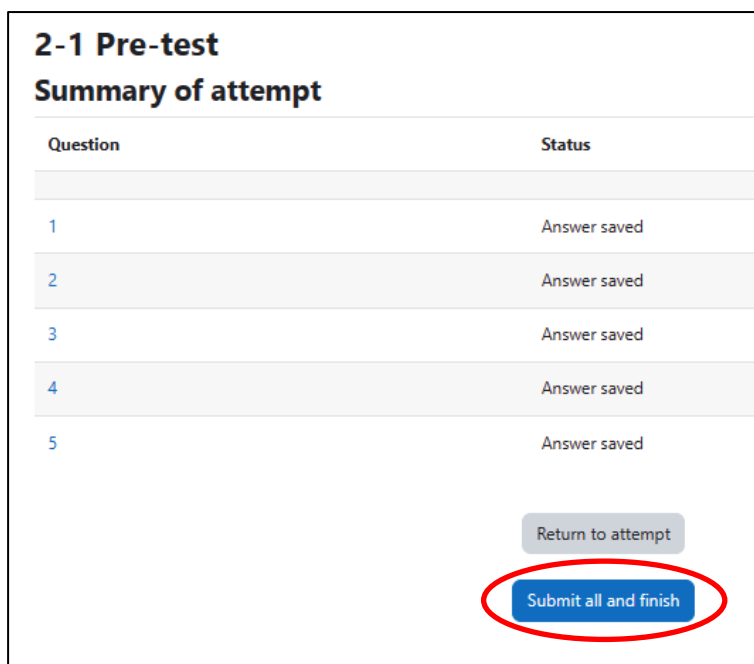
☆Select the answer from the choices and proceed to the **next page**, and complete all questions.

The screenshot shows the "2-1 Pre-test" quiz question. The question text is: "A 25-; had b notice 38.1℃ obser test fc Ch". Below the question, there are five radio button options labeled "a", "b", "c", "d", and "e". The options are enclosed in a red dashed box. At the bottom right of the question area, there is a blue "Next page" button, which is circled in red.

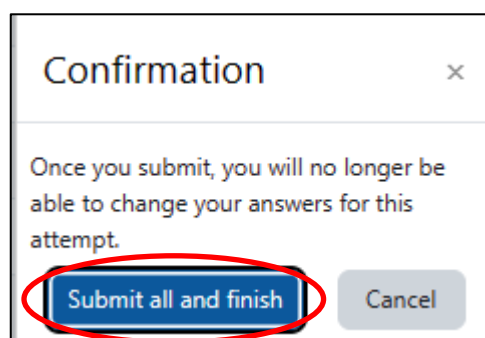
☆After completing the final question, click "**Finish attempt.**"
You can also go back to the **previous page.**



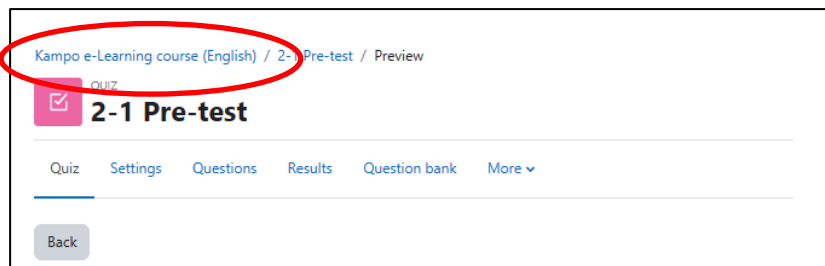
☆In the test overview, click "**Submit all and finish.**"



☆In the confirmation screen, select "**Submit all and finish**" to send your answers.



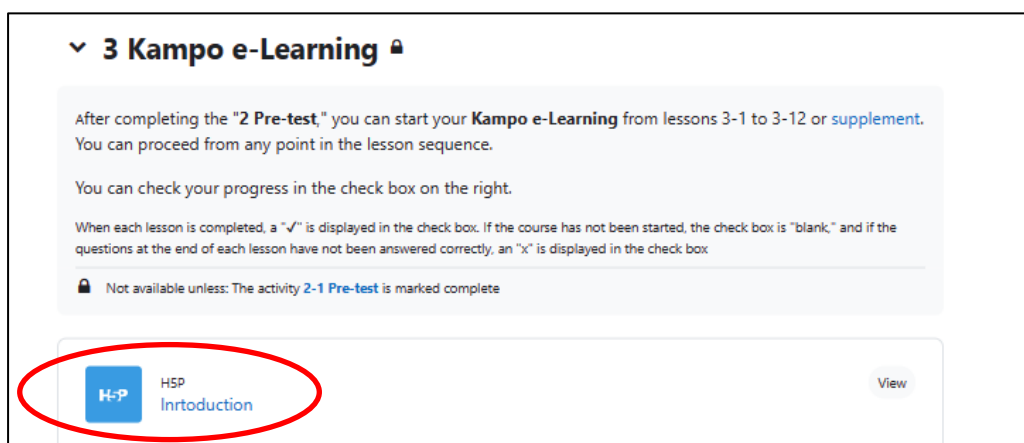
☆You can go back to the TOP page from "[Kampo e-Learning course \(English\)](#)" at the top or "[Back to the course](#)" at the bottom.



★The following are the main contents of the Kampo e-learning.

⑧ 3 Kampo e-Learning

☆Finally, you will access the main course of the Kampo e-Learning. Please start from the [Introduction](#).



☆When you complete the "Introduction," all e-learning contents will be displayed.

☆To finish the "Introduction" and start each e-learning course, click the "START" button.



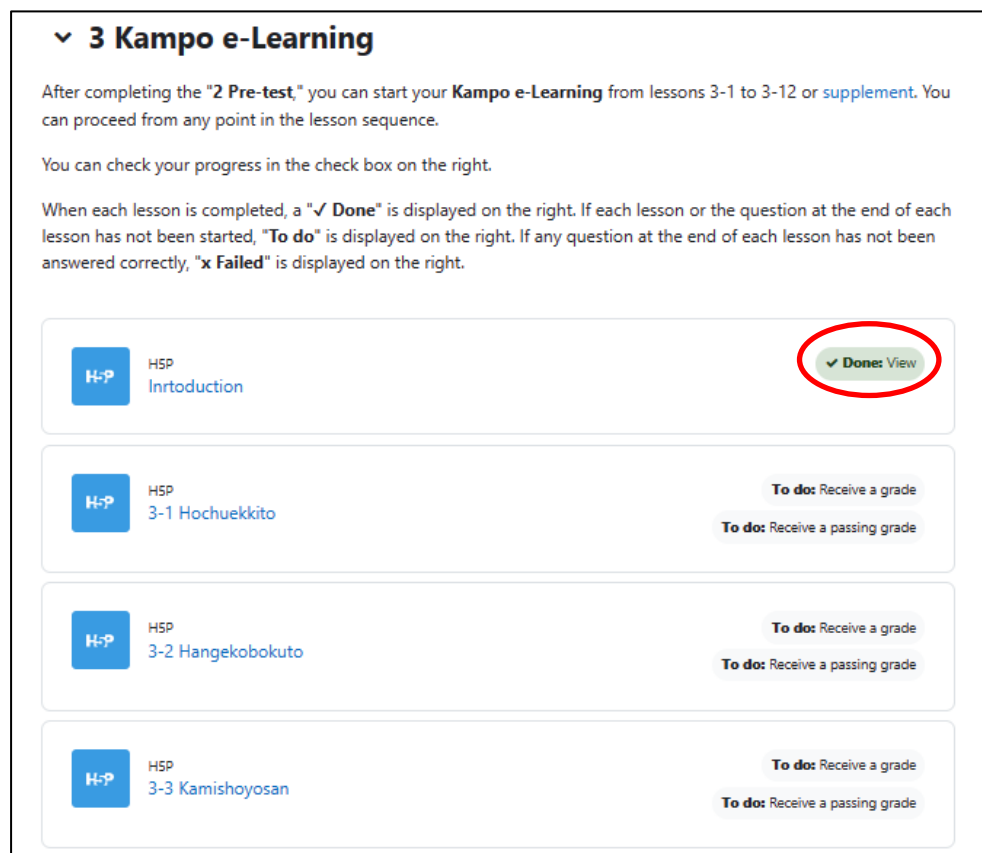
Kampo e-Learning

Kanagawa 4 University Schools of Medicine
Faculty Development Forum

START →

- Click the start button and start learning from any of the 12 lessons or supplement displayed.
- This Kampo e-Learning course can be viewed repeatedly even after completing the course.

☆The progress of each lesson can be checked with "✓Done" or "To do" on the right.



3 Kampo e-Learning

After completing the "2 Pre-test," you can start your **Kampo e-Learning** from lessons 3-1 to 3-12 or [supplement](#). You can proceed from any point in the lesson sequence.

You can check your progress in the check box on the right.

When each lesson is completed, a "✓ Done" is displayed on the right. If each lesson or the question at the end of each lesson has not been started, "To do" is displayed on the right. If any question at the end of each lesson has not been answered correctly, "x Failed" is displayed on the right.

H-P	HSP Introduction	✓ Done: View
H-P	HSP 3-1 Hochuekkito	To do: Receive a grade To do: Receive a passing grade
H-P	HSP 3-2 Hangekobokuto	To do: Receive a grade To do: Receive a passing grade
H-P	HSP 3-3 Kamishoyosan	To do: Receive a grade To do: Receive a passing grade

⑨ 3-1 to 12. Kampo e-Learning

☆To start each e-learning course, click the start button. "▶"



☆Select the answer and click "Check" for each question.

Choose an important sign or symptom when using hochuekkito.

- dry skin
- easy fatigability
- anemia
- weight loss
- insomnia

The image shows a multiple-choice question interface. The question is "Choose an important sign or symptom when using hochuekkito." There are five radio button options: "dry skin", "easy fatigability", "anemia", "weight loss", and "insomnia". A red dashed box highlights the "dry skin" option. Below the options is a blue button with a checkmark icon and the text "Check", which is circled in red.

☆If any answer is incorrect, click "Retry" and answer the question again.

Choose an important sign or symptom when using hochuekkito.

- weight loss
- ✘ dry skin
- easy fatigability
- insomnia
- anemia

0 / 1

The image shows the same multiple-choice question interface as above, but with the "dry skin" option selected and marked as incorrect with a red "x". The "dry skin" option is highlighted in red. At the bottom, there is a progress indicator showing "0 / 1" with a star icon, a "Show solution" button, a "Retry" button (circled in red), and a play button.

☆Select the correct answer and proceed to the next question.

If you answer correctly, "☆1/1" will be displayed.

Click "**Continue**" to proceed to the next question.

Choose an important sign or symptom when using hochuekkito.

- ✓ easy fatigability
- dry skin
- anemia
- insomnia
- weight loss

1 / 1

Continue

☆Once you answer all questions correctly, you can proceed the final page of the lesson.

☆Make sure to click "**Submit Answers**" to send the data to the server.

Kampo e-Learning course (English) / 3-1 Hochuekkito

HSP 3-1 Hochuekkito

To do: Receive a grade To do: Receive a passing grade

★ 2 Question(s) answered

You have answered 2 questions, click below to submit your answers.

Submit Answers

Answered questions	Score
14:23 Question 1-1	1 / 1
14:23 Question 1-2	1 / 1

☆After submitting, click "×" on the upper right.

Kampo e-Learning course (English) / 3-1 Hochuekkito

HSP 3-1 Hochuekkito

To do: Receive a grade To do: Receive a passing grade

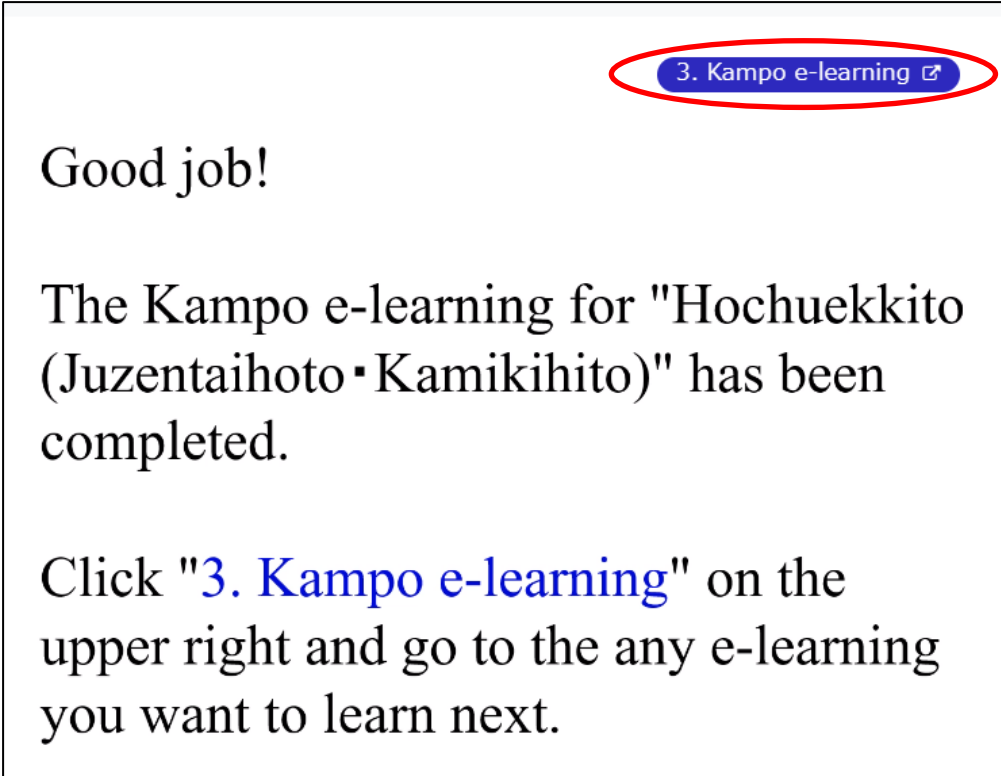
★ 2 Question(s) answered

You have answered 2 questions, click below to submit your answers.

Submit Answers

Answered questions	Score
14:23 Question 1-1	1 / 1
14:23 Question 1-2	1 / 1

☆Click "[3. Kampo e-learning](#)" on the upper right and go to the any e-learning you want to learn next.



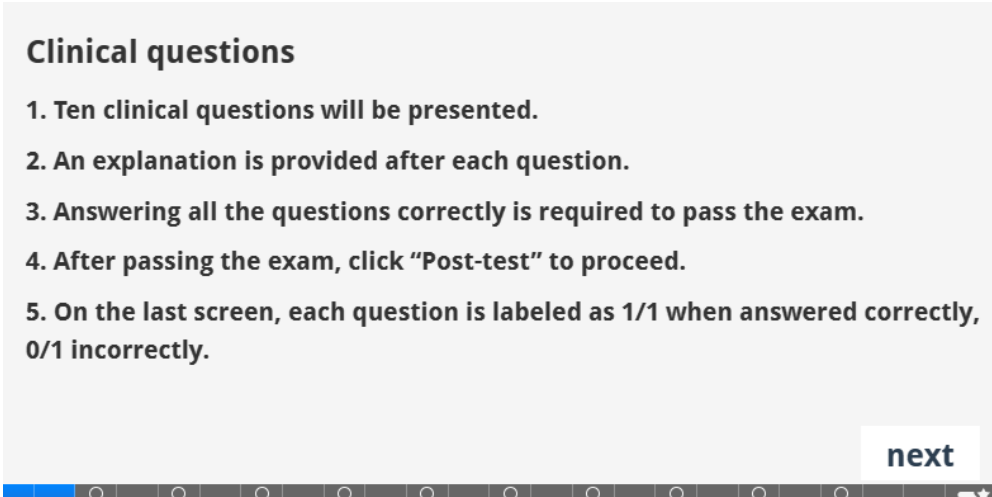
3. Kampo e-learning

Good job!

The Kampo e-learning for "Hochuekkito (Juzentaihoto ▪ Kamikihito)" has been completed.

Click "[3. Kampo e-learning](#)" on the upper right and go to the any e-learning you want to learn next.

- ⑩ After completing the 12 lessons and one supplement, and their associated questions, you can start "[Clinical questions](#)."



Clinical questions

1. Ten clinical questions will be presented.
2. An explanation is provided after each question.
3. Answering all the questions correctly is required to pass the exam.
4. After passing the exam, click "Post-test" to proceed.
5. On the last screen, each question is labeled as 1/1 when answered correctly, 0/1 incorrectly.

next

☆For each question: ① Select the answer, ② Click "Check," and ③ Click "next."

☆The explanation of the answer will be displayed on the next page.

Question1 Intestinal regulator, he sometimes had constipation for several days once his diarrhea stopped. He was 174 cm tall, weighed 63 kg. His abdomen was slightly soft and had mild abdominal muscle tension. There was no edema or cold sensation in his limbs.

Choose the most suitable Kampo formula.

- a Daisaikoto
- b Daikenchuto
- c Bofutsushosan
- d Hangeshashinto
- e Keishikashakuyakuto

☆After answering all questions, click "①Next" on the lower right and check your score.

All clinical questions have been answered.

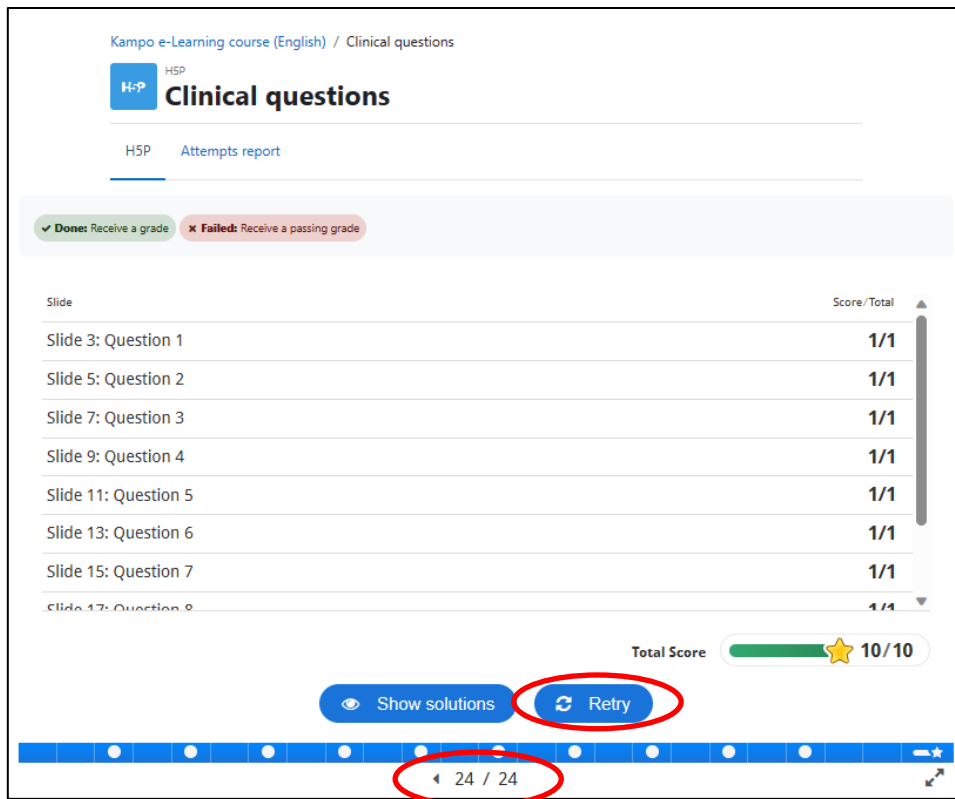
On the next screen, each question is labeled as 1/1 when answered correctly, 0/1 incorrectly..

Click "①Next" on the lower right and check your score.

After answering all the questions correctly, click "②Post-test" to proceed.

☆Once all your answers are correct, click "◀" shown on the left of "◀ 24/24 ▶" on the bottom of the page, and go back to the previous page to proceed to the post-test.

☆If any answer is incorrect, click "Retry" and answer the question again.



⑪ "4 Post-test" → Refer to "⑦ 2 Pre-test."

☆The post-test has the limit of **one attempt**.

All clinical questions have been answered.

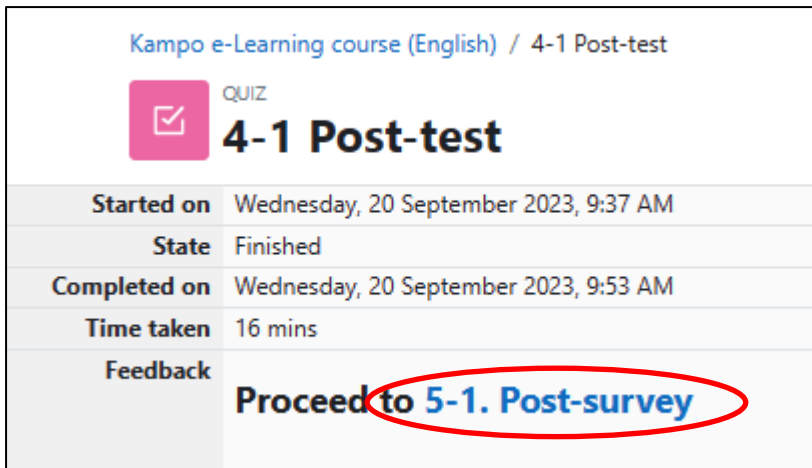
On the next screen, each question is labeled as 1/1 when answered correctly, 0/1 incorrectly..

Click "①Next" on the lower right and check your score.

After answering all the questions correctly, click "②Post-test" to proceed.



⑫ After completing the post-test, proceed to "5-1. Post-survey."

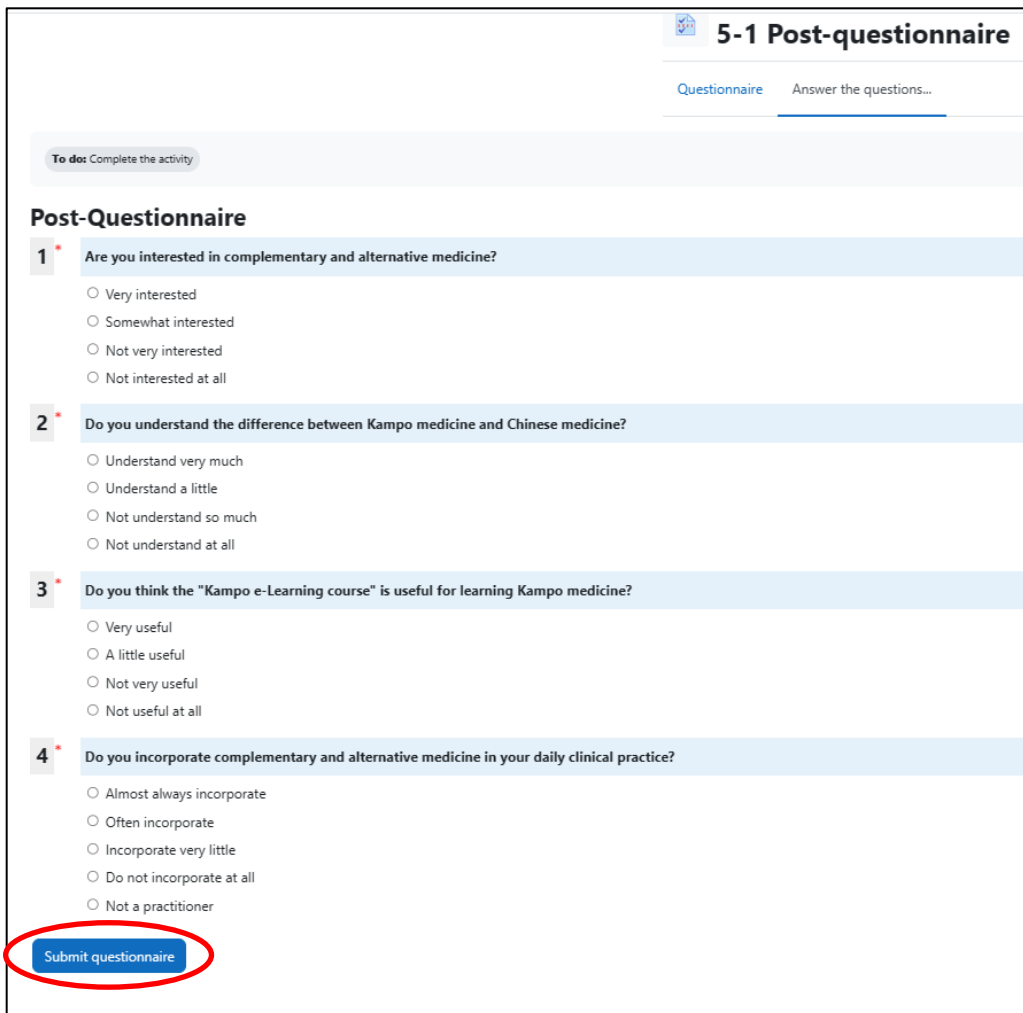


Kampo e-Learning course (English) / 4-1 Post-test

QUIZ
4-1 Post-test

Started on	Wednesday, 20 September 2023, 9:37 AM
State	Finished
Completed on	Wednesday, 20 September 2023, 9:53 AM
Time taken	16 mins
Feedback	Proceed to 5-1. Post-survey

☆After answering the survey, click "Submit questionnaire" to submit your choices.



5-1 Post-questionnaire

Questionnaire Answer the questions...

To do: Complete the activity

Post-Questionnaire

1 * Are you interested in complementary and alternative medicine?

- Very interested
- Somewhat interested
- Not very interested
- Not interested at all

2 * Do you understand the difference between Kampo medicine and Chinese medicine?

- Understand very much
- Understand a little
- Not understand so much
- Not understand at all

3 * Do you think the "Kampo e-Learning course" is useful for learning Kampo medicine?

- Very useful
- A little useful
- Not very useful
- Not useful at all

4 * Do you incorporate complementary and alternative medicine in your daily clinical practice?

- Almost always incorporate
- Often incorporate
- Incorporate very little
- Do not incorporate at all
- Not a practitioner

Submit questionnaire

⑬ After completing all the sections, a "Certificate of achievement" will be issued.